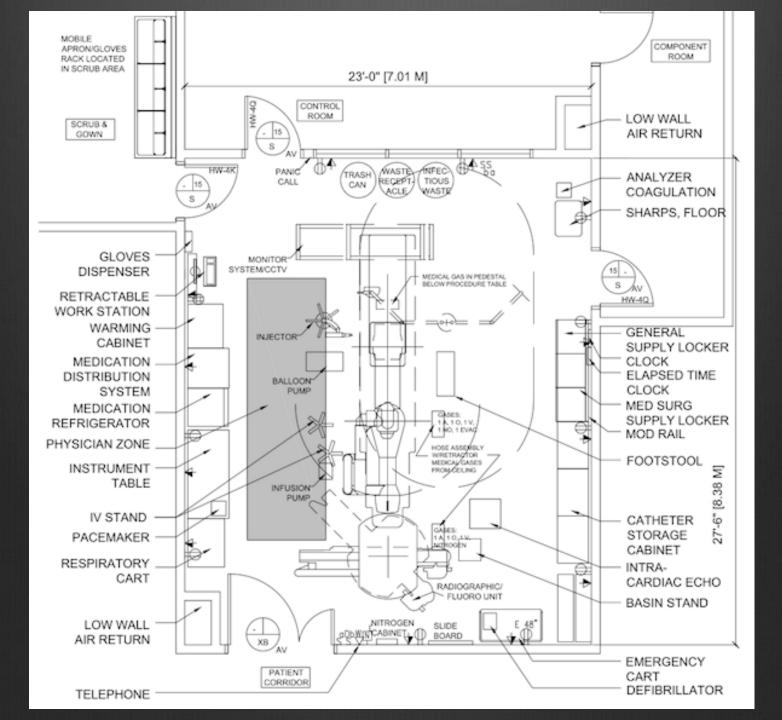
# Cath Lab Room Setup and Basic Equipment (Guiding Catheters, Wires, and Balloons)

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#### Disclosure

- No Conflicts Relevant to this presentation
- Chief Medical Officer, Accreditation for Cardiovascular Excellence
- General Disclosures
  - Ownership Imaging Core Lab Services
    - Stryker Neurovascular
  - Consulting
    - Boston Biomedical Associates
      - Stryker Neurovascular
      - SentreHeart
      - Ocytosorbents
      - Arsenal Medical
      - MircroVention
      - Tepha
      - Thermi
      - Somahlution
      - Canon
      - Creganna
    - Cormend
  - Honoraria
    - SCAI





- You can't always get what you want
- But if you try sometimes well you just might find
- You get what you need

RICHARDS, KEITH / JAGGER, MICK

## You can't have everything

- Most facilities have 1 or 2 major vendors
  - Early career operators are most comfortable with what they trained on
    - May not be what you have
    - You have to work within the system

#### Basic Functions of a Guiding Catheter

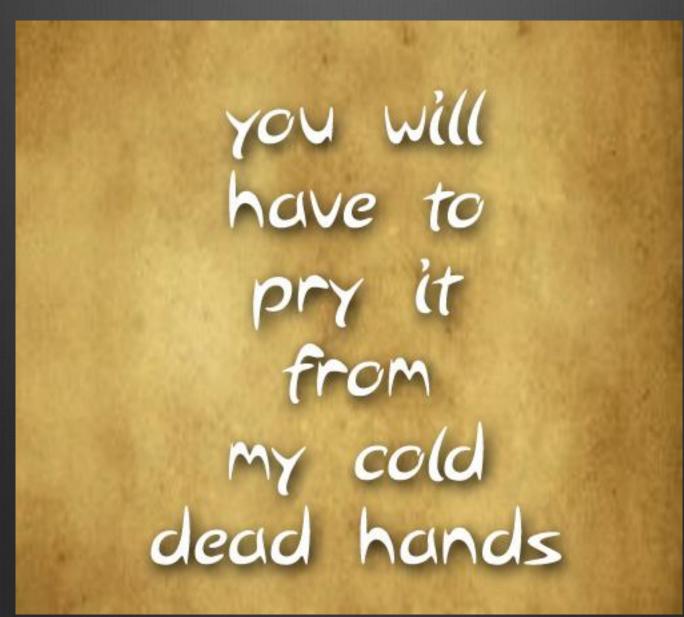
- Provide a supportive conduit for advancement of guidewires and devices
- Serve as a vehicle for contrast injection
- Measure blood pressure

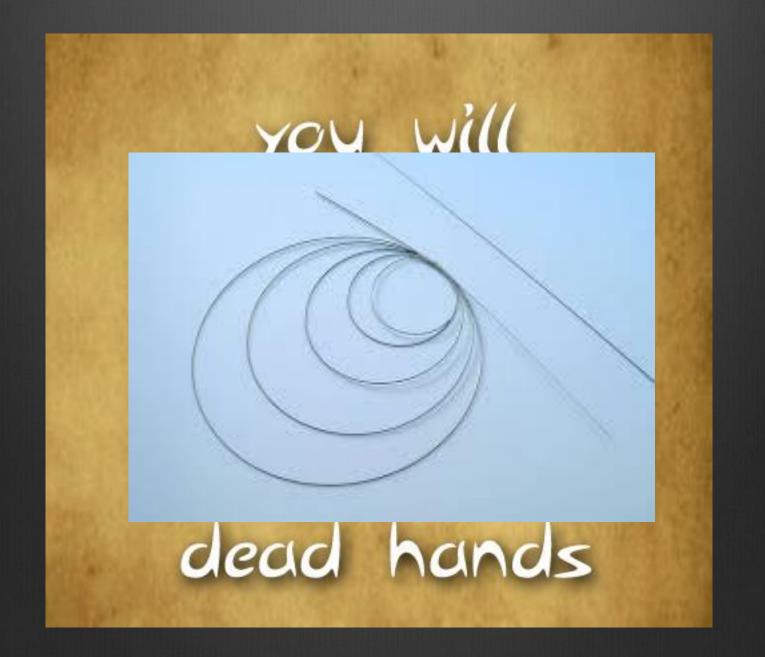
# Important Characteristics of a Guiding Catheter

- Atraumatic tip
- Proper preformed shape ( co-axial with vessel)
  - Access site
  - Active vs. Passive Support
- Torque control
- Sink resistance
- Radiopacity

## Guide Catheter Use

- Aspirate vigorously (atheroma or thrombus "scooped up" from the aorta )
  - Wire/catheter interface
    - Lots more "wire time" with radial
- Insist on bleed back (prevent air embolus)
- Avoid blood standing in guide (flush frequently)
- Proximal or ostial disease





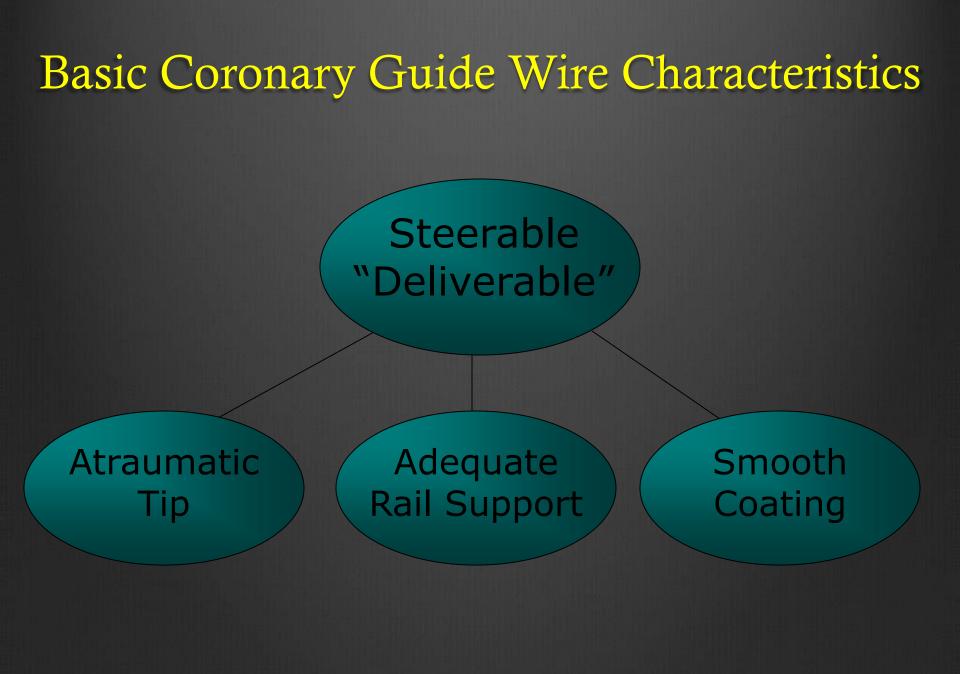


#### **Performance Characteristics**

Flexibility
Support
Steering
Lubricity

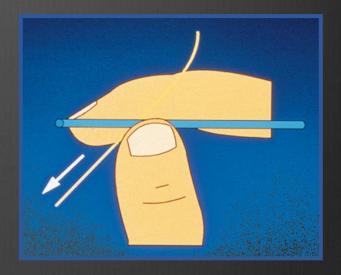
Tracking

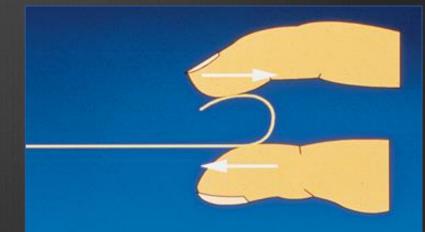
- Prolapse Tendency
- Visibility
- Tactile Feedback



#### Guide Wire Tip Shaping

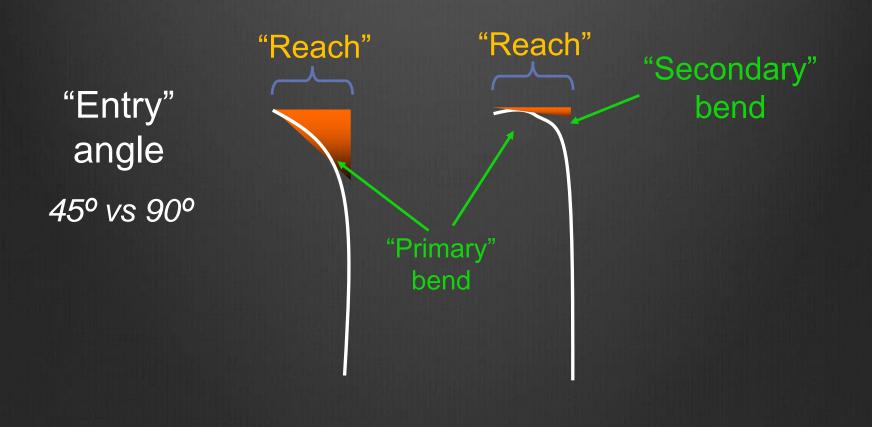
- Approximate vessel diameter
- "J-shaped" or "Hockey Stick" curve
- Double bend





#### Guidewire Tip Shaping

#### **Lesion Specific Bending**



#### Change Coronary Guide Wire Characteristics

#### Steerable "Deliverable"

Stiff Tip

▲Dissections & Perforations Increased Rail Support

Straightening Artifacts Hydrophilic Coating

Perforation

# Special Guide Wire Problems

Total Occlusion 0.00 - Tapered and/

-Blunt

Problem

0.009" wire and/or hydrophilic coating

Solution

Less rail support with 0.009" wire, wire perforation

Compromise

Stiff Tip

Increased Dissection and Perforation

# Device Delivery Problems

Problem	Solution	Compromise
Unable to deliver a balloon or stent around a corner	Stiffer wire or buddy wire or flexible stent or better guide catheter or Guideliner	Cost; straightening artifacts; increased risk

#### Guidewires

Output Understand the relationship between wire design and performance

Become comfortable with a least one wire for each given application

Become familiar with niche wires and support/exchange wires

#### Balloon Angioplasty

#### Advantages

- Broad Applicability
- Low Cost
- Repeatable

Limitations

 Suboptimal Acute Results in Complex Anatomy

Restenosis

## Balloon Characterics

- Diameter
- Length
- Scompliance
- Specialty

### Issues in Balloon Sizing

- Angiography most commonly used but underestimates vessel size
  - IVUS/OCT may be more helpful
- Balloon oversizing leads to increased dissections (Roubin et al 1988)
  - How much of a concern is that now?
- Balloon Compliance must be known
  - If lesion doesn't give, consider other options

# Lesion Modifications

- Cutting balloon : 3 or 4 atherotomes ; useful in resistant lesions , recoil ( aorto-ostial ), ISR, to prevent balloon slippage (melon seeding )
- AngioSculpt Scoring Balloon : 3 rectangular nitinol spiral struts may reduce dissection
- Rotablator
- Orbital Atherectomy

#### Important Basic Issues to Always Discuss Prior to the Case

- Access site and guide catheter selection?
- Guidewire characteristics desired?
- Strategies to be implemented ( balloon , modified balloon , BMS, DES, etc. )?
- What complications are likely as the result of application of these basic PCI strategies ?

## Brave New World





The 80/20 rule is an attempt at containing costs and limiting unnecessary variation